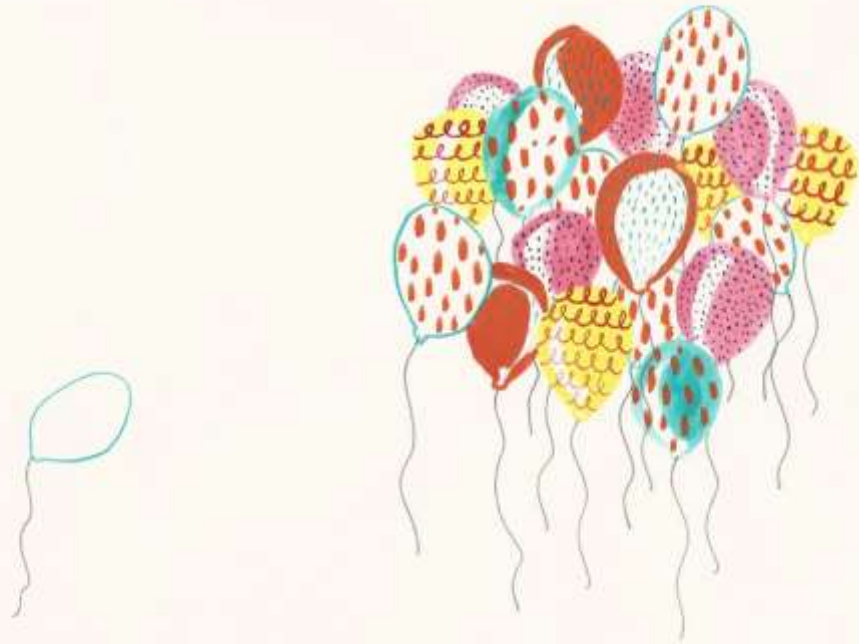


Question 5

When have you felt like an outsider?



Question 5, Scripture

Psalm 30 (31) :2, 6, 12-13, 15-17, 25 (as proclaimed on Good Friday)

In you, O Lord, I take refuge. Let me never be put to shame.

In your justice, set me free.
Into your hands I commend my spirit.
It is you who will redeem me Lord.

In the face of all my foes, I am a
reproach, An object of scorn to my
neighbours
And of fear to my friends.

Those who see me in the
street Run far away from me.
I am like a dead man, forgotten in men's
hearts, Like a thing thrown away.

But as for me, I trust in you,
Lord, I say: 'You are my God'.
My life is in your hands, deliver me
From the hands of those who hate me.

Let your face shine on your servant.
Save me in your love.
Be strong, let your heart take courage,
All who hope in the Lord.

'Sharing the Blessings

- What's going on here? What does it say about Jesus? About suffering as an outsider/ exclusion?
- How did you feel in the middle of your experience of feeling like an outsider? What was the range of emotions for you?
- Looking back, what were the blessings for you 'hidden' in the experience?
- What might God be saying to you about your life and the whole mystery of God being with us in different ways in suffering? A word of blessing or encouragement? I feel or felt blessed because"

Closing Prayer

Universal Prayer for Peace

Lead us from death to life, from falsehood to truth.
Lead us from despair to hope, from fear to trust.
Lead us from hate to love, from war to peace.
Let peace fill our hearts, our world, our universe.

Let us pray together, and work together, to build one world of peace and justice for all.

AMEN

The Counting our Blessings Prayer

Let our friendships be strong, O Lord, that they become a blessing to others. Let our friendships be open O Lord, that they may be a haven for others.
Let our friendships be gentle O Lord, that they may bring peace to others, In Jesus name.

AMEN

Peace be with you!